

Dance moves class descriptions & dress code

Twinkle Twos	30 min Creative movement, Intro to Ballet Technique, Rhythm, Musicality, and Tumble	Pink Leotard Pink Tights Pink Ballet Shoes
Ballet 3-4 Ballet 5-7 Tap 3-4 Tap 5-7	45 min Ballet or Tap Class	Lavender Color Leotard Pink Tights Pink Ballet Shoes Black Tap Shoes
Ballet Pointe Pre-pointe	45 min / 1 hour / 1.25 hours Ballet Technique, Performance, Choreography, Pointe work	Black Leotard, Pink Tights Pink Ballet shoes (*pointe shoes with instructor approval only)
Jazz Hip Hop Musical Theater	45 min / 1 hour Jazz or Hip Hop Technique Broadway style (Act, Sing, Dance)	Any fitted dance attire (no jeans allowed) Jazz - TAN jazz shoes Hip Hop - Tennis shoes (*Recital shoe style - TBD) Musical Theater - TAN jazz shoes
Lyrical Contemporary Modern	1 hour Lyrical/Contemporary, Modern Movements and Techniques	Any fitted dance attire Nude lyrical turner shoe
Tap	45 min / 1 hour Tap Technique	Any fitted dance attire Black Tap Shoes
Drill Prep/Technique Conditioning Tumble	45 min / 1 hour Technique/Flexibility/Strength/ Tumble Skills	Any fitted dance attire Preferred dance shoe
Adult Jazz/ Hip Hop Adult Ballet Adult Tap	1 hour / 1.5 hrs Jazz and Hip Hop Technique / Ballet Technique / Tap Technique	Any fitted dance attire Pink Ballet shoes Jazz - TAN jazz shoes Black Tap shoes
Competition Team	See Rehearsal Schedule	Company Rehearsal attire Tan Jazz Shoe Nude Turners
Boys Attire	Ballet– Black or White Shirt, Black Shorts or Pants, Black Ballet Shoes Jazz - TAN jazz shoes Hip Hop– Tennis Shoes [<i>*Recital shoe style - TBD</i>] (no jeans allowed) Tap– Black Tap Shoes	