

Dance moves class descriptions & dress code

Twinkle Twos	30 min Creative movement, Intro to Ballet Technique, Rhythm, Musicality, and Tumble	1	Pink Leotard Pink Tights Pink Ballet Shoes
Pre School Combo classes	1 hour Ballet/Tap Combo	2	Lavender Color Leo Pink Tights Pink Ballet Shoes Black Tap Shoes
Ballet Pointe Pre-pointe	45 min / 1 hour / 1.5 hours Ballet Technique	1	Black Leo, Pink Tights Pink Ballet shoes (*pointe shoes with instructor approval only)
Jazz Hip Hop Musical Theater	45 min / 1 hour Jazz Tech or Hip Hop Broadway style (Act, Sing, Dance)	1	Any fitted dance attire (no jeans allowed) Jazz - Black jazz shoes HH - Tennis shoes (*Converse One-Star or All-Star) Musical Theater—Black jazz shoes
Lyrical/ Contemporary Modern	1 hour Lyrical/Contemporary, Modern Movements	1	Any fitted dance attire Nude lyrical turner shoe
Tap	45 min / 1 hour Tap Technique	1	Any fitted dance attire Black Tap Shoes
Drill Prep/Technique Conditioning Tumble	1 hour Technique/Flexibility/Strength/Tumble Skills	No Recital	Any fitted dance attire Preferred dance shoe
Adult Jazz/ Hip Hop Adult Ballet Adult Tap	45 min / 1 hour / 1.5 hrs Jazz and Hip Hop Technique / Ballet Technique / Tap Technique	1	Any fitted dance attire Pink Ballet shoes Black Jazz shoe Black Tap shoes
Competition Team	See Rehearsal Schedule		Company Rehearsal attire Tan Jazz Shoe Nude Turners
Boys Attire	Ballet– Black or White Shirt, Black Shorts or Pants, Black Ballet Shoes Jazz– Black Jazz Shoes Hip Hop– Tennis Shoes [<i>Converse One-Star or All-Star</i>] (no jeans allowed) Tap– Black Tap Shoes		